



Neurospace experiences & practical tips for survival

12 August 2017





**Growth and change** 

#### Lessons learnt

10 hours – well spent or wasted?

**Challenges and opportunities** 



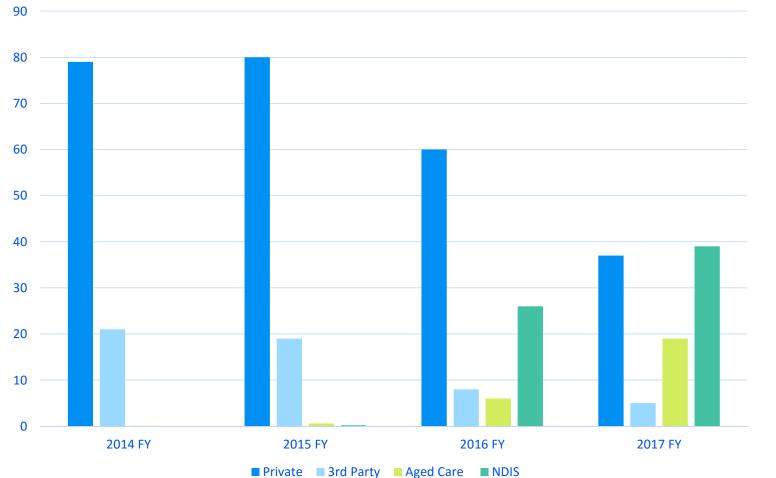


# **Growth and Change**



# NEUROSPACE

Rehabilitation, Healthy Ageing & Wellness



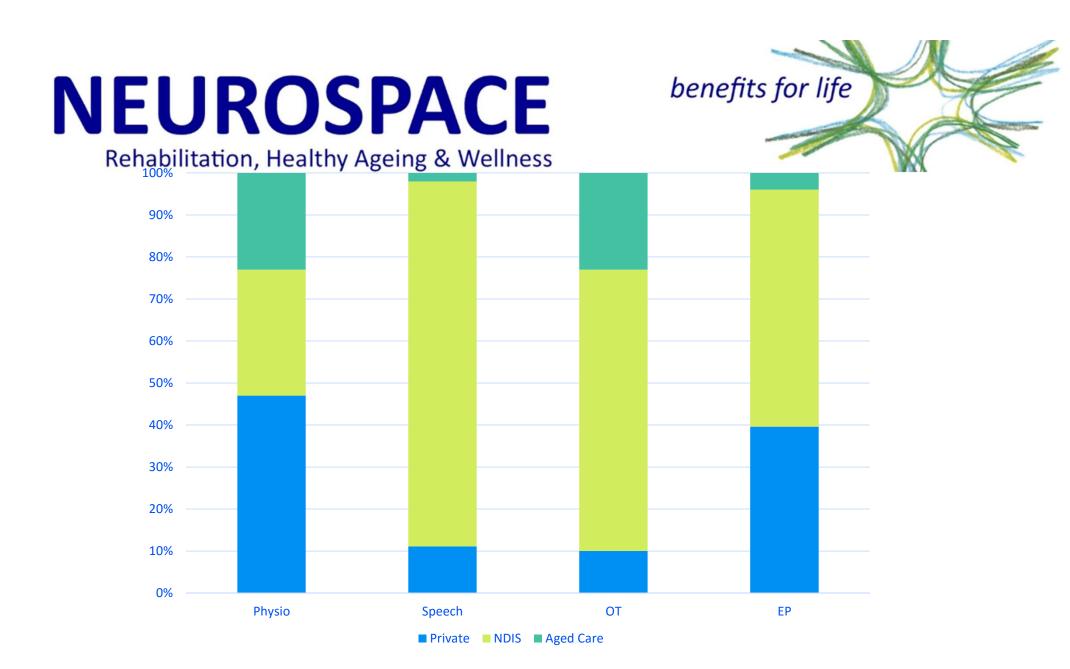
**NEUROSPACE** Rehabilitation, Healthy Ageing & Wellness

#### **Staffing mix**

Physio Exercise Physiology Occupational Therapy Speech Pathology Allied Health Assistant Massage Therapists Admin

3.5 FTE
1.85
0.8
0.5
0.8
1.0
5.3









## Lessons Learnt





#### 1. Know your service

## 2. Know your participants





### 3. Plan and goals

## 4. Service agreement





#### 5. Set expectations

### 6. Treatment plans





#### 8. Monitor and review

9. Reports





#### 10. Start again at step 1





# 10 hours – well spent or wasted?

**NEUROSPACE** 

Rehabilitation, Healthy Ageing & Wellness

2 hrs

Intervention

Ax, ReAx, report

4 x 2 hrs 8 x 1 hrs 10 x 45 mins 16 x 30 mins

benefits for life



# **Challenges & Opportunities**

**NEUROSPACE** 

Rehabilitation, Healthy Ageing & Wellness

SprintersMarathon runnersHealthDisabilitySupplyDemandTraining & developmentService delivery





## **Questions?**